

Centre for Integrative Medical Training
In Association with London Integrated Medical Health Education



Pre-membership Course in Medical Homeopathy

A Blended Course in Homeopathic Medicine for Healthcare Professionals

Unit 46

Therapeutic Pointers (B) for Week 2

Dyspareunia

Etiology, diagnosis, and clinical management of vulvodynia
May 2014
International Journal of Women's Health 6(1):437-449
DOI: 10.2147/IJWH.S37660

*Genito-Pelvic Pain/Penetration Disorder (GPPPD):
An Overview of Current Terminology, Etiology, and Treatment* December
2017
University of Ottawa Journal of Medicine 7(2):48
DOI: 10.18192/uojm.v7i2.2198



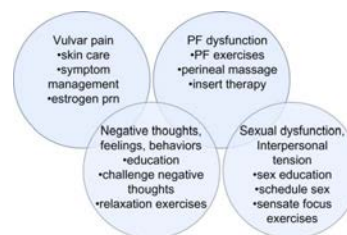
These two papers provide a framework for modeling painful intercourse. There is a telling quote from the first paper:

'An individualized, holistic, and often multidisciplinary approach is needed to effectively manage the woman's pain and pain-related distress.'

As you read these articles you will come to understand that sympathetic and complete history-taking is essential, together with appropriate examination and investigation. The picture rarely yields a simple explanation for the symptomatology.

Opposite is their summary for an integrated management approach. It is a helpful summary, but does not fully explain how integrated care is achieved in conventional practice.

Homeopathic history taking is extremely valuable in that it allows for areas of crossover for emotional, hormonal, organic, anatomical, behavioural, interpersonal understandings which together can provide a basis for an individualised response.



Rubrics

Female genitalia / sex PAIN - Vagina - coition during:
alumn. apis **ARG-N.** bell. *Berb.* borx. calc. *Calc-p.* choc. coff. falco-pe.
Ferr. *Ferr-m.* *Ferr-p.* ham. *Hep.* hydr. ign. *Kali-bi.* *Kali-c.* *Kreos.* lyc.
LYSS. **NAT-M.** pieri-b. plat. *Rhus-t.* sabin. **SEP.** sil. *Staph.* *Sulph* *Thuj.*

In the third reference below, Diana Richardson reframes the majority of common functional sexual problems and provides self-help guidance in an intelligent, accessible, and sympathetic way. While you work homeopathically with patients and their partners, this book can provide valuable additional guidance.

References

English, John
Sexual complaints and their homoeopathic medicines,
BHJ Vol 85 October 1996

Katz, Tessa
How I treat Adult survivors of sexual abuse,
BHJ Vol 85 October 1996

Richardson, Diana
The Heart of Tantric Sex - A Unique Guide to Love and Sexual Fulfilment
1999, 4th Reprint 2008 ISBN: 978-1-90381-637-0
Publ. John Hunt